

AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the application:

LISTING OF CLAIMS:

1. (currently amended) A human-powered mobile system means, comprising: characterized in that it comprises a main frame (2); and plural modular elements, at least one each modular element (1a-1e) connectable to said frame (2) by means of reversible, quick coupling means (4,5,8,9), each said modular element (1a-1e) being adapted to accommodate at least one user, each said modular element provided with ergonomic, operating means, and connectable to said frame (2) by means of reversible, quick coupling means (4,5,8,9), thus each said modular element being interchangeable with the further modular elements (1a-1e).

2. (currently amended) A modular system according to claim 1, characterized in that wherein, said reversible quick hooking coupling means comprise linear guides (5) fixed to said main frame (2) and trolleys (4) sliding along said guides (5), associated to said modular elements (1a-1e).

3. (currently amended) A modular system according to claim [[1]] 2, ~~characterized in that wherein~~, said linear guides (5) comprise a plurality of references (8) adapted to cooperate with blocking means (9) associated to said trolleys (4), for determining blocking positions univocally selectable for said trolleys (4).

4. (currently amended) A modular system according to claim 1, ~~characterized in that wherein~~, said reversible quick ~~hooking~~ coupling means comprise at least one housing (10) associated to said main frame (2), for the insertion of a base (11) associated to said modular elements (1a-1e), and that may be blocked in position inside said housing (10).

5. (currently amended) A modular system according to claim 1, ~~characterized in that wherein~~ devices for absorbing mechanical energy (30, 31) are associated to said main frame (2).

6. (currently amended) A modular system according to claim 5, ~~characterized in that wherein~~ said main frame (2) and said modular elements (1a-1e) comprise transmission means (40, 41) that may be reversibly connected one to the other, and ~~that~~ may connect the ergonomic operating means associated to the modular elements (1a-1e), to the absorbing devices (30, 31) associated to the main frame (2).

7. (currently amended) A modular system according to claim 1, ~~characterized in that~~ wherein said modular elements (1a-1e) comprise devices (30) for absorbing mechanical energy, mechanically connected to the operating means associated to said modular elements.

8. (currently amended) A human powered boat, ~~characterized in that~~ it comprises comprising a modular system according to claim 1, wherein said main frame (2) comprises hulls (50a, 50b) connected by beams (52) for supporting at least one frame (53) to which reversible quick hooking means (5, 10) for said modular elements (1a-1e) are associated.

9. (currently amended) A human powered boat, ~~characterized in that~~ it comprises comprising a modular system according to claim 1, wherein said main frame (2) comprises hulls (50a, 50b) connected by a platform (51) comprising said reversible quick hooking means (5, 10) for said modular elements (1a-1e).

10. (currently amended, withdrawn) A mobile mean or a static machine operated by human muscular strength, for training, physical exercise or recreational use, ~~characterized in that~~ it comprises a comprising the mobile, modular system according to claim 1.

11. (new) A modular system according to claim 1,
comprising parts for configuration to a mobile exercise machine
operated by human muscular strength, for training, physical
exercise or recreational use in water.